

# The CURE

## BREAKFAST

### BREAKFAST BOWL

Your choice of coyo, chia pudding with g-free granola, and honey or compote.  
£4.50 / 5.40

### AÇAÍ BOWL

Açaí, banana and coconut milk with g-free granola, chia pudding and seasonal fruit.  
£6 / 7.20

### PITAYA BOWL

Pitaya, banana and coconut milk with g-free granola, chia pudding and seasonal fruit.  
£6 / 7.20

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#### ADD FOR 75p

NUT BUTTER, GOJI BERRIES, BEE POLLEN, CACAO NIBS.

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### PEANUT BUTTER & BANANA

on gluten-free toast  
£4

### G-FREE AVOCADO TOAST

with goats curd, tomato and dukkah.  
(contains milk, sesame)  
£8

### 'SALMON & CREAM CHEESE'

#### VEGAN BAGEL

Toasted Rana's g-free bagel with Kinda Co Faux Lox & Dill  
£6 / 7.20

## SALADS

1. Black quinoa, kale, cumin-roasted squash, broccoli, avocado, toasted pumpkin seeds and free-range chicken with our house dressing.  
£7.50 / 9
2. Kale, puy lentils, black-eyed beans, Gordal olives, sun dried tomatoes, radish, parsley and feta.  
(contains sulphites) £7 / 8.40
3. Spinach, cumin-roasted squash, roasted beets, toasted pumpkin seeds, pomegranate, preserved lemon, mint, and hummus.  
(contains sesame) £6 / 7.20
4. Spinach, mustard seed cauliflower, smoked tofu, cucumber, daal, turmeric pickled onion and coriander with coconut, lime and mint dressing.  
(contains mustard) £7 / 8.40
5. Romain, new potato, goat's curd, edamame, broccoli, walnuts, wasabi and lime dressing.  
(contains milk, nuts) £7 / 8.40
6. Romain, Spinach, shaved fennel, fermented fennel, almonds, avocado, green goddess (coriander, mint, dill, almond milk, lemon, oil) dressing.  
(contains nuts) £7 / 8.40

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### BUILD YOUR OWN SALAD

Your choice of leaf or grain base, 3 regular veg, 1 deli item, garnish, and choice of dressing.  
£6 / 7.20

+ VEG 50p  
+ DELI TOPPING £1  
+ FREE-RANGE CHICKEN £2

## COLD PRESSED JUICES

### ISLINGTON GREEN

Celery, broccoli, greens, parsley and lemon.  
(contains celery) £4.95

### SWEET GREENS

Greens, celery, cucumber, apple and mint.  
(contains celery) £4.50

### DE BEAUVOIR DETOX

Carrot, celery, turmeric, ginger and lemon.  
(contains celery) £4.50

### BEETS BY J

Beets, carrot, celery, ginger, orange and lemon.  
(contains celery) £4.50

### IMMUNITY

Orange, carrot, ginger, turmeric, apple and coriander.  
£4.95

### JUST LIKE HEAVEN

Pineapple, orange, lemon, lime and mint.  
£4.50

### SOLO JUICE

Apple, orange, cucumber, celery, beetroot or carrot.  
£3.50

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## SHOTS

Wheatgrass and coconut water £3  
Turmeric, ginger, lemon and acv £3

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## SMOOTHIES

### BLUEBERRY BREAKFAST

Nut milk, banana, g-free oats, blueberries, honey.  
£4.50

### THE CANONBERRY

Apple juice or nut milk, banana, berries and mint.  
£4.20

### GREEN GENIE

Nut milk, banana, date, kale, spinach, spirulina.  
£4.20

### MINT CACAO CHIP

Nut milk, spinach, banana, mint, vanilla, honey and cacao.  
£5.30

### THE CAFFEINATOR

Nut milk, cold brew, banana, peanut butter and cacao.  
(contains nuts) £4.95

### PROTEIN FIX

Nut milk, banana, whey protein, maca, chia, cacao powder and nibs.  
£5.40

(almond milk is made from nuts)

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#### ADD FOR 75p

CACAO POWDER, PLANT PROTEIN, WHEY PROTEIN, MACA, SPIRULINA, BEE POLLEN, NUT BUTTERS, CBD OIL.

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## HOT DRINKS

### FILTER COFFEE

Monmouth roasted seasonal single origin or decaff filter coffee.  
£2.50

### TEA

Selection of Zigzag teas:  
English Breakfast, Earl Grey, Yunnan Green  
Coconut Chai, Lavender Rose & Chamomile, Mint.  
£1.80

### LATTES

Chai, Matcha, Turmeric, Beetroot or Cacao Latte.  
£3

**MON-FRI 7.30am-7pm**

**SAT-SUN 9am-4pm**

**020 3893 0030**

**thecure.shop**

**Instagram**

**@the\_cure\_london**