

The CURE

BREAKFAST

BREAKFAST BOWL

Greek Yoghurt or chia pudding with g-free granola, and compote.

AÇAÍ BOWL

Açaí, banana and coconut milk with g-free granola, chia pudding and seasonal fruit.

PITAYA BOWL

Dragon fruit, banana and coconut milk with g-free granola, chia pudding and seasonal fruit.

PORRIDGE

with coconut milk, seasonal fruit, maple syrup and chia seeds

DUSTY KNUCKLE SOURDOUGH TOAST

with England Preserves jam, Pic's peanut butter or Marmite. Switch for Rana's gluten-free toast

PIC'S PEANUT BUTTER AND BANANA ON TOAST

Dusty Knuckle sourdough or Rana's gluten-free toasts.

AVOCADO TOAST

on Dusty Knuckle sourdough or Rana's g-free toast with goats' curd, cherry toms & homemade dukkah. *(contains milk, sesame)*

Switch for Kinda Co vegan cream cheese

'SALMON & CREAM CHEESE' VEGAN BAGEL

Toasted Rana's g-free bagel with Kinda Co Faux Lox & Dill

SALADS

1. Black quinoa, kale, cumin-roasted squash, broccoli, avocado, toasted pumpkin seeds and free-range chicken with our house dressing.

2. Quinoa, spinach, miso-ginger red cabbage slaw, soy-sprouts and smoked tofu with a soy-sesame dressing. *(contains soya, sesame and mustard)*

3. Spinach, cumin-roasted squash, roasted beets, toasted pumpkin seeds, pomegranate, preserved lemon, mint, and hummus. *(contains sesame)*

4. Spinach, mustard seed cauliflower, smoked tofu, cucumber, daal, turmeric pickled onion and coriander with coconut, lime and mint dressing. *(contains mustard)*

5. Mixed leaves, honey-mustard-roasted carrots, stilton, pear, pickles shallots and walnuts with a honey mustard dressing. *(contains milk, nuts and sulphites)*

BUILD YOUR OWN SALAD

Mix and match any of our salad bar ingredients with your choice of dressing

SOUPS

1. Miso soup with tofu and spring onion
2. Spring bone broth
3. Soup of the day served with buttered Dusty Knuckle sourdough. *see blackboard*

COLD PRESSED JUICES

ISLINGTON GREEN

Celery, broccoli, greens, parsley and lemon. *(contains celery)*

SWEET GREENS

Greens, celery, cucumber, apple and mint. *(contains celery)*

DE BEAUVOIR DETOX

Carrot, celery, turmeric, ginger and lemon. *(contains celery)*

BEETS BY J

Beets, carrot, celery, ginger, orange and lemon. *(contains celery)*

IMMUNITY

Orange, carrot, ginger, turmeric, apple and coriander.

JUST LIKE HEAVEN

Pineapple, orange, lemon, lime and mint.

SOLO JUICE

Apple, orange, cucumber, celery, beetroot or carrot.

SHOTS

Turmeric, ginger, lemon and acv.

SMOOTHIES

BLUEBERRY BREAKFAST

Nut milk, banana, g-free oats, blueberries, honey.

THE CANONBERRY

Apple juice or nut milk, banana, berries and mint.

GREEN GENIE

Nut milk, banana, date, kale, spinach, spirulina.

MINT CACAO CHIP

Nut milk, spinach, banana, mint, vanilla, honey and cacao.

THE CAFFEINATOR

Nut milk, cold brew, banana, peanut butter and cacao. *(contains nuts)*

PROTEIN FIX

Nut milk, banana, whey protein, maca, chia, cacao powder and nibs.

(almond milk is made from nuts)

ADD

CACAO POWDER, PLANT PROTEIN, WHEY PROTEIN, MACA, SPIRULINA, BEE POLLEN, NUT BUTTERS, CBD OIL.

HOT DRINKS

FILTER COFFEE

Monmouth roasted seasonal single origin or decaff filter coffee. Cafetiere option for drink-in.

TEA

Selection of Zigzag teas: English Breakfast, Earl Grey, Yunnan Green Coconut Chai, Lavender Rose & Chamomile, Mint.

LATTES

Chai, Matcha, Turmeric, Beetroot or Cacao Latte.

JACKET SWEET POTATOES

Spinach, black beans and guacamole with feta, goats curd or Kinda Co vegan cream cheese. *(contains milk)*

Hummus, kale pesto and grated cheese *(contains egg, nuts, milk)*

Dhal, pomegranate seeds, coriander and turmeric pickled onion. *(contains sulphites)*

Mature Cheddar. *(contains milk)*

Vegetarian chilli with yoghurt and coriander. *(contains milk)*

WRAPS

1. Hummus, roasted carrots, cucumber & spinach.

2. Black bean, roasted squash, feta, coriander & spinach.

3. Free range chicken, avocado, herby yoghurt and leaves.

MON-FRI 7.30am-7pm

SAT-SUN 9am-4pm

020 3893 0030

thecure.shop

Instagram

@the_cure_london